

Coleman HSA Walk-A-Thon

The HSA is sponsoring a Walk-a-Thon for all Coleman elementary students! Kick it off with **National Walk/Bike to School Day on Oct 4.**

Get fit, earn prizes and raise money for Coleman!

Here's what you need to know:

- **Get Supporters** (Now to October 11): Students work with their families to obtain sponsors (per minutes walked or flat rate).
- **Kick it off in a big way: Oct 4 is National Walk/ Bike to School Day!**
- **Get Moving** (Oct 4 to Oct 11): Students get moving and record each minute walked/in sports/gym for these days.
- **Submit Forms** (by Oct 17). Students return their Time Trackers, sponsorship forms and pledge money to their teachers or the lobby bin no later than Tuesday, Oct 17.
- **Pledge Money: Please do not submit cash.** Checks should be made payable to *Coleman HSA*.

Win prizes! The class with the most minutes walked/active wins an extra recess. The student with the most minutes walked/active and the student who raises the most money will each win a Garmin Vivofit JR fitness band!

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Walk-a-Thon Participant Information

Name: _____

Teacher: _____ Grade: _____

Total Minutes Walked/Active: _____

Parent/Guardian Signature

Date

Walk-a-Thon Sponsor Information

Sponsor's Name	Pledge Per Minute	Single Pledge	Total Received
Grand Total Received			\$

**Please attach a separate sheet for any additional sponsors.

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Walk-a-Thon Participant Time Tracker

Name: _____

Teacher: _____ Grade: _____

	Total Minutes		Total Minutes
Wednesday, Oct 4		Monday, Oct 9	
Thursday, Oct 5		Tuesday, Oct 10	
Friday, Oct 6		Wednesday, Oct 11	
Sat, Oct 7			
Sunday, Oct 8			

Total Time Walked/Active: _____

Completed sheets must be returned with the pledge money to your teacher or in the lobby by Oct 17!